

Hosted by Rockford FIRE Track Club



2017 AAU Northern National Track & Field Invitational



Sanctioned by the Amateur Athletic Union of the US, Inc.



Meet Director

Marchan Adkins Marchan@adkinstrak.com 309-838-4130

Online Entry at www.coacho.com





2017 AAU Northern Outdoor National Track & Field Invitational

July 22-23, 2017

Belvidere North High School 9393 Beloit Road Belvidere, Illinois 61008

Featuring the best youth talent in the Midwest and Northern United States!



Sanction: Amateur Athletic Union of the US, Inc. (AAU)

Meet Director: Marchan Adkins, Central AAU Lt. Governor &

Athletics Chairman, (309) 838-4130, Email: Marchan@AdkinsTrak.com



Fees

Entry fee is \$25.00 for each <u>athlete</u>. No entry fee will be transferred or refunded. <u>Entry will not be processed unless entry fee is paid by deadline</u>. Bring a legible copy of a birth certificate or proof of age, along with a 2017 AAU membership card for each athlete entered; AAU memberships must be purchased in advance and cannot be processed onsite. You can obtain your AAU membership by visiting www.aauathletics.org. <u>All entry fees must be paid online</u>, no exceptions will be granted.

Eligibility

This meet is open to any athlete that falls within the age divisions listed below. Athletes aged 13 and older may enter in up to a maximum of 4 events including relays. Younger age brackets may only enter in 3 events including relays. If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.

Entry Process

All teams and unattached athletes must utilize the Coach O online entry process via www.AAUAthletics.org and follow the district qualifying meet links. This will permit a very efficient registration process that is easy to use. Teams will have until 11pm CDT, Monday, July 17 to complete registration. Please note that you must pay for your entries with a credit card online or your entries will not be accepted.

Immediately after registering online, teams will receive a receipt from the Coach O website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving at the meet.

Age Divisions

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. The 17-18 division is open to anyone who was born in or prior to 1999 and will not turn 19 years of age on the final day of the national meet. There is a new Open division where athletes can compete, regardless of age. This is designed to allow those who've enjoyed participating in AAU track and field to continue their experience.

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Age Divisions																				
6 & Under (2011 & Younger)	X	X										X				Х				
7-8 Years (2009-10)	X	Х	X	Х	Х							X		X		Х			X	
9 Years (2008)	X	Х	X	Х	X							X		X		Х	X			T
10 Years (2007)	X	X	X	X	X							X		X		Х	X		X	X
11 Years (2006)	X	X	X	X	X	X	X					X		X	X	Х	X			T
12 Years (2005)	X	X	X	X	X	X	X					X		X	X	Х	X		X	X
13 Years (2004)	X	X	X	X	X	X		X		X		X	X	X	X	Х	X	X		T
14 Years (2003)	X	X	X	X	X	X		X		X		X	X	X	X	Х	X	X	X	X
15-16 (2001-02)	X	X	X	X	X	X		G	В		X	X	X	X	X	X	X	X	X	X
17-18 (1998*-2000)	X	X	X	X	X	X		w	M		X	X	X	X	X	X	X	X	X	X
Open 19 & Above	X	X	X	X	X	X		X	X		X	X		X		Х	X	X		T

Check-In Requirements:

A packet will be provided for each team consisting of competition numbers, team roster, and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility beginning at 7:00am on meet day. Be sure to bring birth certificates and AAU cards with when you pick up packets.

Awards:

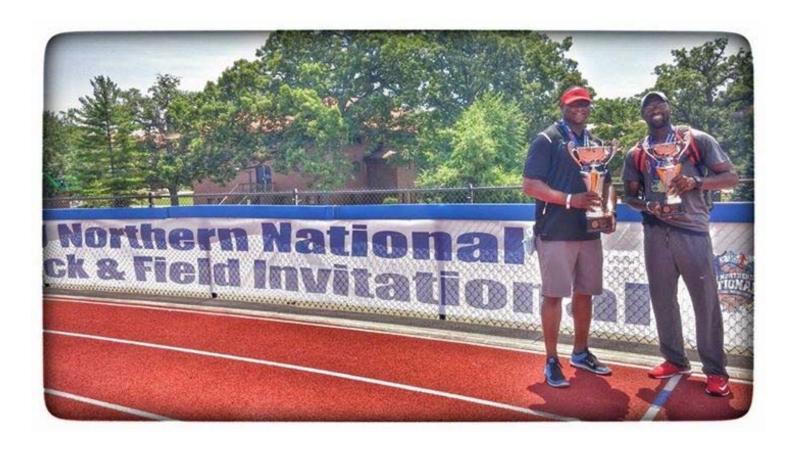
Individual

In individual events, AAU medals especially designed for this event will be presented for participants who finish 1st-8th place. Medals will also be presented for the top 8 relay teams.

Team

Awards will be given to the team that scores the most points in each age group category above. Also, the top 3 teams scoring the most points in all categories will be recognized with large trophies. Team trophies will be awarded after the final event on Sunday. Points will be awarded to the top 8 places sing the following points scale 10-8-6-5-4-3-2-1.

2016 Team Champions, Flippen Flyers Track Club—Coach Joshua Bostick 2016 Team Runner-up, Vipers Track Club—Coach Marques Lowe



Officials:

Anyone desiring to officiate at this meet is encouraged to send an email to Marchan@adkinstrak.com. There is an officials registration process on www.coachoregistration.com. Your assistance is greatly appreciated.

Facility:

The track is an 8-lane all-weather surface. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done using FinishLynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand will be provided as well as a hospitality area for officials.

Equipment:

Starting blocks will be provided by the meet management. There is no need to bring personal implements with you. Those that desire to utilize personal implements must obtain clearance from the meet official prior to use. If personal implements are used, they will not be released until the end of the competition for that age group.

Admission:

A daily admission charge of \$8.00 will be assessed for everyone not competing in the meet. There will be four day passes sold on Thursday for \$25.00. Teams will receive one coaches pass for each 10 athletes registered up to a maximum of 8.

Event Schedule

Saturday, July 22, 2017

Running Events

Time	Event	Age Groups	Notes
8:00am	3000m Run Finals	11G, 12G, 13G, 14G, 15-16G, 17-18G,11B,	
		12B, 13B, 14B, 15-16B, 17-18B	May Combine by gender
8:45am	200m Hurdle Finals		30" - 20m to first, 35m
		13G,13B, 14G, 14B	spacing, 40m to Finish
9:15am	400m Hurdle Finals		30" - 45m to first, 35m
		15-16G, 17-18G, Open Women	spacing, 40m to Finish
9:45am	400m Hurdle Finals		36" - 45m to first, 35m
		15-16B, 17-18B, Open M	spacing, 40m to Finish
10:30am	100m Dash Prelims	All	Top 8 Advance to Finals
12:00pm	800m Run Finals		
		8UG, 8UB, 9G, 9B, 10G, 10B, 11G, 11B,	
12:45pm	800m Finals	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-	
		18G, 17-18B, Open Women and Men	
1:30pm	200m Dash Finals		
		All	
3:00pm	4x100m Relay Finals	All	

Field Events

Long Jmp	Shot Put	Discus	Turbo Javelin	High Jump	Triple Jump
9am Start	9am Start	9am Start	9am Start	9am Start	9am Start
6UG,6UB	15-16G, 17-18G	15-16G,17-18G	11G,12G	11G	13G, 14G
8UG,8UB	15-16B, 17-18B	15-16B,17-18B	11B,12B	11B	13B, 14B
9G,10G	Open W, Open M	13G,14G	9G,10G	12G	15-16G
9B,10B		13B,14B	9B,10B	12B	15-16B
11G,12G		11G,12G	8UG,8UB	9G	17-18G
11B,12B		11B,12B		9В	17-18B
		Open W		10G	Open W
		Open M		10B	Open M



Sunday, July 23, 2017

Running Events

Time	Event	Age Groups
9:00am	100m Dash Finals	All
9:30am	400m Dash Finals	
		8UG, 8UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B
	400m Dash Finals	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B, Open Women and Men
10:00am	1500m Run Finals	AII
11:00am	80m Hurdle Finals	11G, 11B, 12G, 12B
11:30am	100m Hurdle Finals	13G, 14G, 13B, 14B, 15-16G, 17-18G, Open Women
12:15pm	110m Hurdle Finals	15-16B, 17-18B, Open Men
1:00pm	4x400m Relay Finals	9-10G, 9-10B, 11,12G, 11-12B, 13-14G, 13-14B, 15-16G, 15- 16B, 17-18W, 17-18M
	Team Awards Presentation	Top 3 Teams in Overall Points & Team Champion in each age group by gender

Field Events

Long Jump	Javelin	High Jump	Shot Put
9am Start	9am Start	9am Start	9am Start
13G,14G	13G,14G	15-16G,17-18G	8UG,8UB
13B,14B	13B,14B	15-16B,17-18B	9G,10G
15-16G	15-16G	13G,14G	9B,10B
15-16B	15-16B	13B,14B	11G,12G
17-18G	17-18G		11B,12B
17-18B	17-18B		13G,14G
Open W	Open W		13B,14B
Open M	Open M		

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.